

Corporate communications officer: Elizabeth Frederick-Preece
Chief Executive's Office, Luxstowe House, Liskeard, Cornwall, PL14 3DZ
Telephone: (01579) 341028 Fax: (01579) 341002 Mobile: 07789 893654
Email: lfederick-preece@caradon.gov.uk
Reference number: 1-08

2 January 2008

MEDIA RELEASE

For immediate release

£7,000 CASH INJECTION FOR HEALTHY LIVING

Healthy living in South East Cornwall is to receive a £7,000 cash injection thanks to an award to the Caradon Health Development Group by the South East Cornwall Local Strategic Partnership (LSP).

Caradon Health Development Group focuses on improving the health of local people, and the money will be used to make grants of up to £500 to community groups running or setting up healthy living projects. To be eligible, projects should either benefit people's health and wellbeing, improve the local living environment, support children and young people or support vulnerable elderly people. Grants will be awarded on a first come, first served basis.

Rebecca Lingard, Caradon District Council's ambassador for health, said: "There are so many things that contribute to healthy living, from children's holiday clubs to walking groups or even dance classes and lunch clubs for older people. We're looking for groups that want to start new projects or expand existing ones – anything really that will help to improve physical or mental health in the area."

Councillor John Turner, leader of Caradon District Council and chairman of the LSP, said: "Relatively modest grants to healthy living projects generally pay dividends in terms of their contribution to local communities, the environment and the economy. The LSP is pleased to be able to support Caradon Health Development Group's work."

Grant applications will be considered in January, February and March while funding lasts.

To find out more, or to apply for a grant from Caradon Health Development Group, contact Liz Webb on 01579 348844 or Pat Gormley on 01579 348749.

Ends

***Media enquiries contact:
Pat Gormley, special projects officer, on 01579 348749
Councillor Rebecca Lingard on 01752 823251***